



# TASBURGH QUARTERLY & CHURCH NEWS

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ISSUE NO. 80

AUTUMN 2025



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## Useful Names & Contact Details

### LOCAL COUNCIL & COUNCILLORS

Parish Council Chair	Brian McGuire	01508 470909
Parish Council Clerk	Tina Eagle	01508 494569
<b>DISTRICT COUNCILLOR</b>	Martyn Hooton	07776 142027
<b>COUNTY COUNCILLOR</b>	Mrs Alison Thomas	01508 530652
<b>MEMBER OF PARLIAMENT</b>	Mr Ben Goldsborough	020 7219 3000
	Ben.goldsborough.mp@parliament.uk	

### NORFOLK COUNTY COUNCIL SOUTH NORFOLK DISTRICT COUNCIL

County Hall	0344 800 8020
Horizon Centre, Broadland Business Park	01508 533701

### URGENT NUMBERS

EMERGENCY	999
Non-Emergency Police	101
enquiries@norfolk.pnn.police.uk	
Non-Emergency Medical	111
Power Cuts	105

### GP SURGERY

Long Stratton Medical Partnership	Swan Lane , Tharston	01508 530781
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### CHURCH

Church News	Rev'd Dawn Davidson	01508 498924
Parochial Church Council/Yellow Pages	Valerie Cook	01508 470298

### VILLAGE HALL

Chair	Graham Pates	07586 456500
	grahamjpates@gmail.com	
Secretary tbc	admin@tasburghvillagehall.org.uk	
Bookings tbc	bookings @tasburghvillagehall.org.uk	

### TASBURGH SCHOOL

Preston CE Primary School	01508 470454
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### COMMUNITY GROUPS

Tasburgh Carers Group	Rachel Mahoney	01508 471271
1st Tasburgh Scout Group	Becky Pates	
	Bex.pates@gmail.com	
Tasburgh Sport & Social Club Chair	James Hanton	
	james-hanton@hotmail.co.uk	
Tasburgh Short Mat Bowls Club	Dave Moore	01508 471041
Tasburgh Allotment Society (TAS)	Mr Simon Orford	01508 4 71539
Tasburgh United Football Club	Paul Swinton	to be confirmed
Long Stratton & Tasburgh Men's Shed	Pete Sluman	01508 471529
St Mary's Guild	Julia Orpin	01508 470983
Fitness Club (Over 50's)	Mrs Ann Gibbins	01508 470225
Fat Dad's Football	Mr Bill Wheeler	01508 471633
Martial Arts	Mr Andrew Gillingwater	07775 890359
Tasburgh Tea Room	Mrs Andrea Sluman	01508 471529
St Mary's Church Craft Group	Jane Rae	07910 482852

Inaccuracies or omissions? Please contact [tasburghpc@btinternet.com](mailto:tasburghpc@btinternet.com)



# Tasburgh Parish Council, Serving the Village of Tasburgh



## MEETINGS

**Parish Council meetings** are held on the third Tuesday of the month currently in the Main Hall of the Village Hall at 7.30pm. **Planning Meetings**, if required, are usually held on the first Tuesday of the month, in the Village Hall Committee Room at 7pm. **Agendas** are posted on the village notice boards and the website at least three days beforehand.

Parish Council Meetings will continue to be held in Tasburgh Village Main Hall until further notice. Public are welcome to attend all Parish Council meetings; this is your opportunity to speak or ask questions.

## MEETING DATES 2025

21st January	20th May	16th September
18th February	17th June	21st October
18th March	15th July	18th November
15th April	19th August	9th December

**The next Annual Parish Meeting will be held April 2026 date tbc**

**Please note**, if you would like an item to appear on the Agenda, details must be sent to the Clerk at least eight days before the meeting. The Council is unable to make a decision on anything not included on the agenda but can discuss newly raised matters and refer them to the next meeting. **Minutes** of meetings are posted on the website or are available from the Clerk.

## PARISH COUNCIL SURGERIES

Councillors are still willing to discuss any issues you may have with you; their contact details can be found opposite on page 5.



# **Tasburgh Parish Council, Serving the Village of Tasburgh**

## **Contacting the Parish Council**

If you would like to know more, have any comments about Tasburgh Parish Council and its work, or you have any issues you wish to be raised, please contact one of the Councillors or the Parish Clerk.

## **YOUR COUNCILLORS**

Jill Casson	12 Hastings Close chair.tasburghpc@gmail.com	470334
Matthew Read	Pilgrim Cottage, mattread.tasburghpc@gmail.com	07879 816975
Willie Crawshay	The Grange williecrawshay.tasburghpc@gmail.com	471650
Brian McGuire	12 Curson Road brianmcguire.tasburghpc@gmail.com	471909
Andrew Patrick	Jasmine Cottage andrewpatrick.tasburghpc@gmail.com	07775 898301
Keith Read	Thornly Barn keithread.tasburghpc@gmail.com	07483 841082
Adrienne Watts	Grove Cottage Adriennewatts.tasburghpc@gmail.com	470217
Preston Thomas	4 Church Road prestonthomas.tasburghpc@gmail.com	07730 049077
Jackie Trenavin	Mistletoe Cottage Jackietrenavin.tasburghpc@gmail.com	07717 820651

## **Parish Clerk**

Tina Eagle  
17 Alder Close  
Poringland, Norfolk, NR14 7LY  
Email: tasburghpc@btinternet.com

01508 494569

**Website**      <https://tasburghpc.wixsite.com/tasburghpc>



# Tasburgh Parish Council News

Welcome to this issue of the Tasburgh Quarterly.

## A VERY BIG THANK YOU

The Parish Council offer our sincere thanks to Jill Casson who has chaired the council for the continuous term of eight years. She has very much been the figurehead of the community representing, and defending the best interest of Tasburgh with outside bodies. Under her leadership Council meetings have run smoothly, been conducted properly and the decisions made at them lawful and fair. Jill has agreed to continue as vice-chair so the council will continue to benefit from her guidance and wise counsel.

## WELCOME TO JACKIE TRENAVIN

At our June meeting we co-opted a new Councillor to the team to fill the vacancy we had. They have lived in the village for many years and were a very active member of the Neighbourhood Plan Advisory Group. Here is a bit more background information from Jackie herself....

I've been a resident of Tasburgh for 18 years and I am delighted that I have been accepted as a new councillor on Tasburgh Parish Council. I am looking forward to being more involved in the community and getting to know more of the residents. My areas of interests are broadly speaking in health and wellness and the environment, and I hope to be able to bring some of my expertise and experience in these to the role.



## MINDFUL VILLAGE STATUS

Mindful Village status is an initiative by South Norfolk and Broadland District Council to promote mental wellbeing and community support with Towns and Villages. Tasburgh now has the required number of Wellbeing Champions to offer support and signposting within the village and has satisfied the criteria for 'Mindful Village' status. Turn to page 29 for more information.

## REMEMBER, REMEMBER!

Bonfire night and other firework displays are intended to be a fun occasion. However, the letting off of fireworks can cause alarm to your neighbours. Pets and livestock can suffer extreme distress due to the loud noises that fireworks make, so please show consideration.

## BURRFELD PARK

The Advisory Group arranged a visit to Burrfeld Park on 28 July 2025 by Ella Warren-Cooke, nature recovery advisor for the Norfolk Wildlife Trust. Turn to page 30 for more details.



## **Tasburgh Parish Council News**

### **DRAINAGE, DITCHES & FLOODING**

At the time of writing we have enjoyed three heat waves with only the occasional cloud burst. One of the measures advised by Katie Spillman, the District Council surface water drainage officer/ditch warden, was to keep the nine drainage “grips” cut into the verges on Grove Lane free of vegetation and sediment. This has now been done and they will continued to be monitored through the coming autumn months.

### **SEE YOU AT THE VILLAGE HALL SUMMER FETE**

The Parish Council will be having a stand at the village fete taking place on **14th September 2025**. Andrew Patrick is providing his gazebo so come rain or shine there will be cover. Please feel free to drop by for a chat with him or one of the others to hear about our ongoing work, ask any questions or raise any concerns you may have.

### **SPEEDING IN THE VILLAGE**

The Council operates two SAM2 (speed awareness machines) which are moved to fixed locations on Church Road and Low Road on a monthly basis. They light up showing passing vehicle speed over the 30mph speed limit. Each vehicle passing them is counted and their speed recorded. This information is then downloaded and posted on the parish council website and also shared with our Local Beat Manager/Police Officer.

The latest monthly data download for Low Road indicated 19,659 vehicle counts, with 5,863 vehicle counts above the clearly signposted 30 mph limit. Our Beat Manager has escalated the issue to the Police Camera Safety Team who, have agreed to conduct some speed enforcement activity along Low Road.

### **ROLLBACK THE STONES**

The wet weather that the autumn brings can wash gravel and the residue of summer building work from driveways onto our footpaths and block road drainage grates. Please be considerate and sweep the gravel back onto your driveways.

### **COUNCIL MEETINGS**

Council meetings are held at 7.30 on the third Tuesday of every month at the village hall. As always, details of future meetings will be advertised on Facebook, our website and noticeboards, and all members of the public are very welcome to attend.

You can also use the website or our Facebook page to forward comments or questions to the Parish Council.

*Chair, Brian McGuire*



# Local Community First Responder Group

## ANSWERING THE CALL: HOW CFRS SUPPORT OUR COMMUNITY

Following my recent visit to the parish council meeting, I wanted to share a bit more detail about how Community First Responders (CFRs) operate, and what happens behind the scenes when we respond to a 999 call.

CFRs are local volunteers trained by the ambulance service to attend life-threatening emergencies in the minutes before an ambulance crew can arrive. We are not a replacement for ambulance crews, but we're trained to deliver immediate care such as CPR, defibrillation, oxygen therapy, and basic patient monitoring. Our presence can make a crucial difference during those first few minutes, especially in rural communities like ours, where ambulance response times can be longer.

We're on call during times that suit our personal schedules. When available, we use a secure app on our CFR phone to "sign on for duty." This tells the Ambulance Operations Centre (AOC) in Hellesdon that we're ready to respond and shows our location on their dispatch screens. When a 999 call comes in and is triaged as a suitable emergency, such as cardiac arrest, chest pain, seizures, or someone unconscious, the control room checks who the closest available CFR is.

If we're within a suitable distance, we're dispatched immediately. We receive incident details on our device, including the address, nature of the emergency, any known risks, and directions. We then head straight to the scene using our own vehicles, equipped with our issued medical kit and equipment.

Upon arrival, we begin patient care straight away, working within the scope of our training. This might mean starting CPR, attaching a defibrillator, taking observations like pulse and oxygen levels, or simply providing reassurance and monitoring until the ambulance crew arrives. Once the crew is on scene, we hand over, share key information, and assist where needed before making ourselves available again.

We never know exactly what we'll be called to, but every call is a chance to make a difference, sometimes helping to save a life, other times simply being a calm and caring presence during a frightening time. Being a CFR is incredibly rewarding, and it's all about supporting our community when it matters most. If you've ever wondered how you could contribute in a meaningful way, I encourage you to find out more. No prior medical experience is needed, just a willingness to help, a calm head, and a few hours to spare each week.

***You can learn more about becoming a CFR and apply online here:***  
**[www.eastamb.nhs.uk/join-the-team/volunteering-and-volunteers/community-first-responders](http://www.eastamb.nhs.uk/join-the-team/volunteering-and-volunteers/community-first-responders)**

***Rhodri Coleman, Group Team Leader***



## Tasburgh Keep Fit Club

Are you over 50, looking to keep yourself fit and active and have an hour free on a Thursday afternoon?

If so, perhaps you might be interested in joining the Tasburgh Keep Fit Club.



We meet at Tasburgh Village Hall on  
**Thursday from 2pm to 3pm.**

We are led by a qualified trainer and everyone works at their own pace. We are a small, friendly group and besides exercising have plenty of laughs.

**Why not come along for a free "taster" session? The charge thereafter is £6 per session , payable on the day.**

If you are interested and would like more information please contact

**Ann Gibbins**

**01508 470225**

or just come along.

## Every Garden Counts

You might not be aware, but parish and town councils must now have biodiversity policies under the Environment Act of 2021, with the aim of conserving and enhancing biodiversity. This means making as much of the parish as wildlife friendly as possible. The Parish Council does manage a few areas – but our gardens cover a large area too. In England, gardens total an area about the same as Suffolk, so they have the potential to make a considerable contribution to helping wildlife and biodiversity nationwide – however big or small they are individually.

If you are already doing your bit to help wildlife, thank you! But there is always scope to do more. The most important tip is to be less tidy – creating more space for nature.

### Here are some simple tips:

- Grow more flowers, shrubs and trees
- Make leaf and/or log piles
- Provide water, whether it is a small bowlful, or a pond
- Install bird and bat boxes
- Build bug hotels
- Turn off or reduce nocturnal lights: they can have a negative effect on wildlife - particularly insects and birds
- Avoid using pesticides
- Cut your grass and hedges less often
- Leave some areas to grow wild – even if it is only a square yard



Applying these tips will improve ALL the wildlife in your garden, from the invertebrates at the bottom of the food chain through to the birds and small mammals at the top.

Most of our wildlife is in decline due to development, loss of habitat, and modern agriculture. We can all do our bit in our gardens, knowing that they really DO count.



You can get more information by visiting:  
[southarewildpatch.org/fact-sheets/](https://southarewildpatch.org/fact-sheets/)  
and [www.rhs.org.uk/wildlife](https://www.rhs.org.uk/wildlife)

## SAXLINGHAM (SAXON) BOWLS CLUB

If you are thinking of taking up a new sport

*come along and have a go at outdoor Bowls at our friendly Club on the Saxlingham Playing Field Bowls Green*

*The Club arranges league and friendly matches, internal competitions, practice sessions and social events*

*Free coaching for beginners.*

Experienced Bowlers are welcome too.

**Contact: Club Captain  
Rachel Stevenson on  
01508 532617**

**REMEMBER** you can use the [ONE.NETWORK](https://www.one.network) website to search online for real-time updates of live incidents in your locality including traffic restrictions and roadworks, road closures and diversions, traffic congestion and traffic speed motorway lane closures, accidents, weather incidents, landslips and flooding.



## **Tasburgh Village Hall**



It has been great to see the hall and playing field in use over the extended period of fantastic weather. The tennis courts have been well used, and it was particularly pleasing to see a family group using the field for a game of rounders' in July. Our hall and field continue to give pleasure to many.

We have been focused on some maintenance issues this quarter, with the hall being painted by volunteers from Marsh, repairs to the roof and toilets and many other jobs required to keep the place going. By the time you read this you should see a new hall sign proudly in place at the front of the hall, made by a printer in our Village, Digital Sign FX, who have done a fantastic job.

Our Maintenance and Development team shape up all of this work and could really do with some help on this. You don't have to become a trustee to be involved in this sub group.

We held our AGM in June and to be honest I was a little disappointed that we only had 4 members of the public in attendance. The meeting gave us an opportunity to thank Dave Moore (even though he wasn't there!) for his many years of service to the hall, and other organisations in the village, as he has decide to step down. He has kindly said he will continue to support events at the hall for which we are grateful. Our 2024 accounts were presented at the meeting, along with election of the trustee committee as follows:

Graham Pates (chair), Karen Hazell (vice), Martin Bull, Sally Bull, Shaun Palmer, Mick Ireson, Lloyd Giacomelli, and Mike Daniels.

We still have places for more trustees on the committee. Some spaces are for organisations and some are for members of the public but these must be filled by Tasburgh residents. If anyone is interested in getting involved in keeping this wonderful community asset get in touch.

### **FUTURE DATES FOR YOUR DIARY**

Summer Fete Sunday 14<sup>th</sup> September

Art Exhibition Weekend 8th & 9th November

*Graham Pates, Chair TVHMC*



# Tasburgh Village Hall

## SUMMER FETE SUNDAY 14<sup>th</sup> SEPTEMBER 2025

12pm - 3.30pm

*Loads of stalls, BBQ, cakes and refreshments and  
Tasburgh Sports & Social Club bar will be open.*

## FILM STAR THEMED FANCY DRESS COMPETITION (details to be confirmed)



*Organised by Tasburgh Village Hall  
Management Committee*





# Tasburgh Sports & Social Club



**Your Local, Volunteer-Run  
Community Hub  
Right at the Heart of the Village!**

It's good to see you! Come on in.....

We're bursting with excitement! Community is the heartbeat of our club, and we're over the moon to be nominated for **Community Organisation of the Year** at this year's South Norfolk Community Awards! Thank you for being part of our incredible journey—let's keep spreading the good vibes together!



Tasburgh Sports & Social Club stands as a vibrant hub where people of all ages and backgrounds can come together to enjoy good company, good times, and forge long lasting friendships. Whether you're seeking a place to meet friends old and new, unwind after a busy week, or just enjoy a drink over a couple of bar games, the club offers something for everyone. Here, community spirit thrives, and every member contributes to a warm and welcoming atmosphere.

Our doors are open to everyone - families, children, old friends, new friends, furry friends... no matter whether it's your first visit or your 500<sup>th</sup> - we cannot wait to welcome you!

Got a fun idea? We're all ears! Whether you're here for a chilled pint, to belt out a karaoke classic, or fancy rolling up your sleeves to help out, there's always be a chair for you at our table!

\*\*\*\*\*

## WHAT'S ON EVERY WEEK?

We've got a packed schedule of regular events to keep you coming back:

- **Monthly Quizzes** – Show off your smarts and maybe win a prize!
- **Live Music Nights** – Enjoy talented local acts in an intimate setting.
- **Free-Play Pool Fridays** – Unwind with a few games on us.
- **Warm, welcoming vibes every time we open the doors.**

## OPENING HOURS

- **Tuesdays:** 7pm – 11pm
- **Fridays:** 6:30pm – 11pm
- **Saturdays:** 2pm – 6pm (*times may vary with Village Hall bookings*)
- **Sundays:** 2pm – 6pm

Whether you're looking to unwind midweek or catch up with friends over the weekend, we're here to welcome you in.



# **Tasburgh Sports & Social Club**

## **UPCOMING EVENTS – MARK YOUR CALENDARS!**

### **? 12 Friday Night Quizzes**

5<sup>th</sup> September 10<sup>th</sup> October 7<sup>th</sup> November  
5<sup>th</sup> December.

Test your general knowledge with our fun quizzes, hosted TSSC's very own Quiz Master, Simon Scott!

### **CHILDREN'S HALLOWEEN PARTY**

Sunday 26th October, 3–6pm

Little ghouls and goblins can enjoy games, music and Halloween treats in a safe, friendly setting.

### **HALLOWEEN PARTY (ADULTS)**

Friday 31st October, from 6:30pm

A spooky, spirited night for the grown-ups! Fancy dress encouraged, of course...

### **WALKWAY LIVE IN CONCERT**

Saturday 13th December, bar opens 7pm

The legendary rock band returns for a night of electric energy! Ticket price TBC—keep an eye out.

### **KIDS' NEW YEAR'S EVE PARTY WITH JAMES D**

Wednesday 31st December, 2–4pm

Let the little ones ring in the new year early with music, dancing, and fun with the fantastic James D.

### **ADULTS' NEW YEAR'S EVE PARTY**

Wednesday 31st December, from 7pm

Say goodbye to 2025 in style with live party band Energy and a night to remember. Tickets available soon!

Until the next time,

***Cheers/Slàinte/Iechyd da!***

***On behalf of Tasburgh Sports & Social Club.***



## Norfolk County Council

Norfolk County Council has announced a new series of household hazardous waste days (HHWDs) this autumn, offering residents the opportunity to safely dispose of unwanted hazardous materials at seven recycling centres across the county.

The autumn Household Hazard Waste day for South will take place at Harford Recycling Centre on the following dates:

### • **Norwich South - Friday 3 and Saturday 4 October**

These are free events put on by Norfolk County Council, which give residents right across the county the opportunity to safely dispose of hazardous waste items such as flammable liquids or pesticides.

As with the spring events, the Council will use the recycling centres' booking system to manage demand and ensure smooth operations. Bookings can be made online or by phone and will be open a week before the event.

### Norfolk County Council Highways – Report a problem



Drainage and flooding

Standing water, ditches, blocked drain, flooded property, impassable road



Flooded path

Standing water affecting public rights of way or trails

#### Drainage & Flooding



#### Flooded Path



**To get as much warning as possible, get Flood Alerts delivered straight to your smartphone  
Get prepared and keep your home and your family safe**

**Sign up at <https://orlo.uk/o8IO3>**

**To report flooding Call 0344 800 8013**

**If there's danger to life, always call 999**



# South Norfolk & Broadland District Council

## POSTAL VOTE RE-APPLICATIONS 2025 - 2026

If your postal vote is due to expire in January 2026, you may have already been contacted by email this year to remind you to re-apply in advance.

### RENEWING YOUR POSTAL VOTE

The Elections Act 2022 introduced new rules for postal votes. From 31 October 2023:

All postal vote applications must contain your name, address, date of birth, National Insurance number and signature. When you apply to vote by post your identity is checked against information held by the Department of Work and Pensions (DWP). In some instances, this identity check fails, and you will be asked to supply evidence of your identity. Postal votes are valid for a maximum of 3 years.

If you applied for a permanent postal vote before 31 October 2023, your postal vote will expire on 31 January 2026. When your postal vote expires, you will need to make a new application.

### WHY WE ARE GETTING IN TOUCH NOW

We are contacting electors who applied for their postal vote before 31 October 2023 to ask them to re-apply as soon as possible.

You can re-apply online at <https://www.gov.uk/apply-postal-vote>

We have 38,000 postal voters who need to make a new application before 31 January 2026. We have started the re-application process early to allow voters plenty of time to re-apply should they wish to do so.

You can apply online at any time by visiting [www.gov.uk/apply-postal-vote](https://www.gov.uk/apply-postal-vote).

**The deadline to re-apply is 31 January 2026. If you do not respond and submit a new application, your postal vote will expire on this date.**

### DOG FOULING

If you see someone allowing their dog to foul and not clear it up, and if you know the owner's details you can report using the link below (please do not submit photographs of the waste itself)

<https://www.southnorfolkandbroadland.gov.uk/neighbourhood-issues/dog-fouling>





## ST MARY'S GUILD TASBURGH

A friendly supportive  
group that meet in  
in the Church Room  
on the first Monday  
of the Month  
at 2.30pm



WE MEET SOCIALLY & HAVE A VARIED PROGRAMME INCLUDING SPEAKERS THROUGHOUT THE YEAR.  
WE ASK FOR A DONATION OF £2 WHICH INCLUDES THE COST OF REFRESHMENTS.

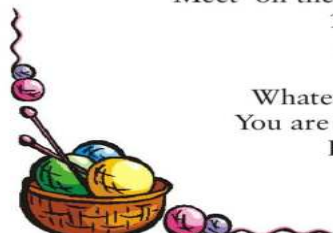
We also fundraise through additional events to support our village church.

For additional information please contact: Julia on 01508 475065

## St Mary's Craft Group

Meet on the 1st & 3rd Monday of the Month  
10.00am - 12.00 noon  
in the Church Room

Whatever your experience or none  
You are most welcome to come along  
For more info contact:  
Jane 07910482852



## Tasburgh Tea Room

A café in the village  
The Church Room,  
St Mary's Tasburgh  
Open 2 - 4pm

**Drinks and home made refreshments**

Saturday 23<sup>rd</sup> August  
Saturday 27<sup>th</sup> September  
Saturday 25<sup>th</sup> October  
Saturday 22<sup>nd</sup> November



For further information  
Contact Andrea  
Tel: 01508 471529

**We'd love to see you**



## 1st Tasburgh Sea Scout Group



EXPLORERS



### **What a busy summer term the Scout group have had!**

All sections have been enjoying the great outdoors with campfires, hikes, teddy bear's picnic and lots of games, including finishing the term with getting very wet! We've also been getting back to our Sea Scout heritage with the Cubs raft building and Scouts canoeing as part of a group trip to Eaton Vale.

For most, the highlights of the term will be the nights away experiences. The Beavers enjoyed a seaside themed sleep over with sand sculptures, hook a duck, crafts and of course chips and ice cream.

Water Activities Weekend was a brilliant camp back in May and the Scouts also enjoyed a night away to practice camp skills such as putting up tents, working as a team and helping with washing up. When writing this, we have just over a week to go before Norjam, the week-long international camp at the showground which gives our Scouts an opportunity to do so many exciting activities alongside Scouts from around the world.

In terms of volunteers, I am pleased to report the group is in a much stronger position having recently recruited a chair and two other trustees. However, we are still in need of more adults to support the young people on Thursday nights, especially in the Cub section.

We have also waved goodbye to our Explorers as they all move onto sixth form, meaning the oldest section has folded for now. These young people were also supporting the Beavers and Cubs as Young Leaders, building teamwork and leadership skills, which we are very grateful for. Please get in touch if you know of any young people aged 14-18 who may be interested in getting involved in this way, having fun whilst improving their CV and learning valuable skills.

**Please contact me on [bex.pates@gmail.com](mailto:bex.pates@gmail.com) to enrol a young person or chat about how you could help the Scout Group. Here are the age groups and timings for when we meet:**

- **Beavers:** 6 to 8 years – 5.00-6.15
- **Cubs:** 8 to 10 ½ years – 6.30-7.45
- **Scouts:** 10 ½ to 14 ½ years – 8.00-9.15

*Becky Pates ,Group Lead Volunteer*





## Preston CEVC Primary School Tasburgh

# OPEN DAYS

Thursday 25<sup>th</sup> September 9:30-11:30

Tuesday 11<sup>th</sup> November 5:30pm - 7:30pm

Wednesday 12<sup>th</sup> November 9:30-11:30

Whether you are considering a place for Reception or an in-year transfer, we would love to meet you and show you around.



Henry Preston Road, Tasburgh  
Norwich NR15 1NU  
01508 470454

[www.tasvalley.org.uk/prestonprimary](http://www.tasvalley.org.uk/prestonprimary)

"Living Life to the Full"

[officepreston@tasvalley.org.uk](mailto:officepreston@tasvalley.org.uk)



# *Autumn 2025*

## *Tasburgh and Tharston*

### *Church Newsletter*



#### THANK YOU

As you may already know, our family marathon race in Australia was very successful. We ran the race, completed it, and received our medals. On behalf of my family, I would like to take this opportunity to thank everyone who has sponsored and supported our marathon fundraising for Awalla Community Charity, which has raised over £2,900.

This money will help us reach our goal of providing vital educational resources, food, sponsorship, building improvements,

sports equipment, and sanitation for the young people. Please continue to support the Awalla Community Charity - (Account No: 94568443, Sort Code 40-35-09 HSBC Bank).

For more information, visit our website at <http://www.Awalla.org.uk>, where you can see exactly what is happening with your donation and the impact we've achieved together.



For me, running this race was truly one of the most incredible experiences of my life — unforgettable, emotional, and at times, absolutely gruelling. In the week leading up to race day, I faced a setback: a knee pain that set me back in my mental preparation for the race, thinking that I wouldn't be able to run the race. But with prayers, relaxation, and determination, I chose to stand on that start line — and I'm so glad I did.

I started strong, and by 7km, it looked like I might even finish under one hour. Shortly after, my pain flared up again. It was intense, and the unseasonably warm weather didn't help. My pace slowed, and the remaining 3km of the race became a real test of resilience — not just physically, but mentally and emotionally too.



Yet, as each kilometer passed by, something beautiful happened. I met inspiring runners with powerful stories of their own — people overcoming challenges far greater than mine, whilst pushing forward with unwavering spirit. I was continually lifted by the cheers of strangers who appeared along the route; they shouted my name like I was leading the race. Their faces, their words, their presence — they carried me when I felt like I couldn't go on.

The Gold Coast Marathon also showcased the very best of humanity. Runners supporting each other in the toughest moments — pats on the back, fist bumps of encouragement, quiet words of kindness between heavy breaths. We were strangers, but we were united.

Crossing that finish line was a moment I'll never forget. I was smiling and crying at the same time. Despite the pain and challenges, I did it!

And I am deeply humbled by the love, encouragement, and generosity I've received — from family, friends, Norwich residents, and church members, and every single person who has supported my journey or donated to fundraising.

Once again, thank you from the bottom of my heart. You helped me believe I could do it. To conclude, running a marathon entails pain. Not only in the running itself, but also the soreness it causes in the days following as the body recovers.

In our daily lives, there will be times when we will experience pain and suffering. There will be times when we are driven to despair. I pray that at those times that God will provide us support, love and encouragement, through friends and strangers we encounter on our path - 1 Thessalonians 5:11.

With prayers and gratitude

*Rev'd Austin*





## *Tasburgh Church News*

**Assistant Church Warden**

**Jacqui Green**

I hope you all had an enjoyable summer.

Following the news in the summer edition, written by Peter Sluman, our outgoing Churchwarden, the situation at Tasburgh Church is looking a little different. Peter had a special service of thanks on Pentecost Sunday. This was a wonderful well attended service, which showed the appreciation we felt for all the service that Peter and his wife Andrea had committed to St Mary's.

Currently we are without a churchwarden. However, we have developed a more collaborative approach to committing to the service of the church and I have been delighted how willing the congregation are stepping up to fill in the gaps in providing the needs of each service. We have devised a "requirements" list in the church porch for each service. This allows people to play to their strengths or try new challenges.

Freedom Cafe church is a different way of "Church" on the first Sunday of the month in the village hall at 10.30 am. We offer free breakfasts, with fair trade coffee and drinks, fruit and pastries whilst we look to God's teachings for our lives, in a friendly and engaging way.

On Wednesdays a short service with Holy Communion is held in the church room at 9.30am.

The church room continues to be well used and is available for others to use. Current groups include the Craft Group, the Shoe Box Group, the Art Group, and St Mary's Guild, who socialise and often raise funds for the church.

On the 12th of July we had a "Safari supper". With thanks to Eurolink in encouraging us to take over the baton now Eurolink has been disbanded. This was a well-attended social event that included people who were not sure what to expect but threw themselves into the festivities. The event and raffle raised £610 for Church funds. It was a resounding success, and great fun, as people keep asking when is the next one!

The food bank boxes are in the back of the church for donations, so please consider donating if you are able to, for those in need.

The church is open daily for you to come in from 10 am until 4pm.

*Jacqui Green*



*Bike ride and walk event  
to support St Mary's Tasburgh*



**Saturday 13th September 2025,**  
from 9am to 5pm

Take Part in this year's Bike Ride – by bike, car, walking or any other mode of transport!

Visit as many churches as you can and get sponsorship so you raise money for your chosen church. It's a great day out!

Take photos and send them in to win a prize.

**Churches Open on Saturday 13th September.**

You can find a list of churches in the county on the website of The Norfolk Churches Trust. The churches you visit may not be open, but they still count in your total – why not take a photo outside?

You can be sponsored for each building you visit or a set amount of the day. Half the money raised goes to The Norfolk Churches Trust and the other half to a Church of your choice.

For more info and a sponsor form contact Jacqui Green on 01508 470 720.





## *St Mary's Craft Group*

We meet 1st and 3rd Monday of the month

10am -12noon

in the Church Room

Whatever your experience or none, You are  
most welcome to come along

For more information, contact Jane Rae on  
07910482852



### *Tasburgh Shoe Box*

St Mary's Craft Group is participating in  
the Operation Christmas Child by  
organising the filling of Shoe Boxes for  
children in other parts of the world to  
surprise them at Christmas.

If you would like to donate any items or get  
involved, please contact Jane Rae on  
07910482852

YOU ARE INVITED TO

# **FREEDOM CAFÉ**

**@ Tasburgh Village Hall**  
**1st Sunday of the Month**  
**10.30 ish Start**



**Come for Breakfast**  
**Including Bacon Butties**  
**& maybe explore**  
**the Christian Faith**  
**0 -110 years Welcome!**





## *St Mary's Guild*

Our Coffee Morning at The Grange on August 2 was a great success. Thankfully the weather stayed dry and everyone was able to enjoy the beautiful garden. £466 was raised towards our charitable giving. Many thanks to Claire and Willie Crawshay for letting us use their garden and to all those who came along and supported us on the day.

We usually meet on the first Monday of each month at 2.30pm in St Mary's Church Room:

<b>Monday 1st September</b>	'Star Throwers'
<b>Monday 6th October</b>	Games afternoon
<b>Monday 3rd November</b>	TBA

*Please contact Julia Orpin on 470 983 or  
Sarah Norman on 471 505 for more information.*



Harvest  
Thanksgiving Service on  
Sunday 19 October



## *Tharston Church News*

**Contact Rev Austin Uzoigwe**

**470 901**

### *Church Fete*

The Church Fete will be held at Wheeler Barn on September 6<sup>th</sup> starting at 2.00 and there will be all the usual stalls plus a Raffle and a draw for a bottle of Whisky. We will also have a Bar together with the Tea Stall and BBQ, please come and support us in what is our major fundraising event of the year.

As I write we are desperately short of helpers for the Thursday and Friday before the Fete and if you can spare time from 10.00 at Wheeler Barn to help erect tents etc we very much need any help possible. Please contact Chris Lawson ([email@chrisandhelen.co.uk](mailto:email@chrisandhelen.co.uk)) if you are able to help.

### *Church Services*

Our normal Sunday services will continue to be held on the second Sunday of each month at 9.45 alternating between Morning Worship and Holy Communion. The dates are as follows:

September 14	9.45am	Morning Worship
October 12	9.45am	Holy Communion
November 9	9.45am	Morning Worship
December 14	9.45am	Holy Communion



Our Benefice Holy Communion Service will be held on August 31<sup>st</sup> at Tharston starting at the later time of 11.00.

The Process of repairing the Chancel is now starting in earnest with a new Architect at the helm and the re-ordering will follow on from that. This is likely to be a lengthy process, but we will be better placed to make these changes than we have been.

*Chris Lawson*



## *Tas Valley Home groups*



Home groups are small groups, in which you meet to explore how faith in God helps you in your daily life, discover words of wisdom in the bible, pray, and support each other as well as the wider community.

Feel free to contact one of the following groups who usually meet weekly, 7.30pm:

Tuesday afternoon @ 3pm in Tasburgh	Andrea Sluman	471 529
Monday evenings in Tasburgh	Annette Uzoigwe	470 901
Wednesday evenings in Saxlingham	Revd Dawn Davidson	498 924
Wednesday evenings in Tharston	William Ball	471 506



**Team Rector** Revd Dawn Davidson: [dawn@tasvalley.org](mailto:dawn@tasvalley.org) 01508 498 924

The New Rectory, The Street, Saxlingham Nethergate, NR15 1AJ

**Team Vicar** Revd Austin Uzoigwe: [revaustinuzoigwe@aol.co.uk](mailto:revaustinuzoigwe@aol.co.uk)

01508 470 901 The New Rectory, Church Hill, Tasburgh, NR15 1NB

**Team Curate** Revd Rachel Hayden: [racheljhayden@outlook.com](mailto:racheljhayden@outlook.com)

The Rectory, Church Road, Newton Flotman, NR15 1QB

Contributions for the next Church Newsletter by  
Friday 7th November 2025 to [annauzoigwe10@gmail.com](mailto:annauzoigwe10@gmail.com)



## SUMMER VISITS

The summer term has been incredibly busy at Preston Primary and, together with our friends at Saxlingham Primary, our children have enjoyed some very enriching educational visits.

In June, children in Years 3, 4 and 5 enjoyed a fantastic joint trip to **Easton College**. The day was packed with hands-on activities including pond dipping, creative crafts inspired by the farm, soil sampling in the college's science lab, and a tractor ride around the working farm.



In July, children from Reception, Year 1 and Year 2 had a fantastic day at **West Runton**. The children thoroughly enjoyed fossil hunting along the beach and exploring the fascinating world of rockpools.

Also in July, our Year 6 pupils came together for a memorable day at **Hautbois Hall**. The sun was shining, and the water was calling! The children took part in a range of adventurous activities including raft building, initiative tests, and paddleboarding. It was great to see such fantastic teamwork, resilience, and a real sense of fun throughout the day.



## **Tasburgh United Charities**

**HOW IS THE 'COST OF LIVING CRISIS' AFFECTING YOU?  
PLEASE DO NOT CHOOSE BETWEEN HEAT OR FOOD  
THIS COMING WINTER. HELP MAY BE AVAILABLE.**

Tasburgh United Charities have a certain amount of money available each year to use in assisting residents of the Parish who, regardless of age, situation or reason, find themselves in need of financial help.

The 'Cost of Living Crisis' has seriously affected everyone, including many of us who were formerly financially secure. Traditionally, the Charities helped the ill, old and unemployed. However, with the cost of mortgages, food and heating soaring, more and more people find themselves unable to make ends meet. Statistics show that the people most likely to be struggling are young families where both parents may be in regular employment. If this is you, please do not struggle on in silence. Tasburgh United Charities are here to help **ALL** residents of Tasburgh, regardless of age or employment status.

If you do know someone who you believe is facing hardship but may be reluctant to seek help, please do try to persuade them to apply to us. We hate to think that anyone may be struggling but be too proud to seek help. We never judge anyone, and all applications are treated with discretion and in the strictest confidence.

Usually, assistance is given in the form of a payment towards general living expenses. However, we can also arrange a delivery of heating oil, or make a one-off payment towards a particular large expense, such as a new oil tank, a new baby in the family, funeral expenses or a school trip. if you are a student off to university this year, or beginning an apprenticeship, even if you are still living at home, we can also make a contribution towards your costs, such as books, new PC or just living expenses.

If you would like assistance, to be considered for a distribution, or just a general chat about how to get help, please contact one of the trustees below. Application forms are also available to download from the Parish Council website, and can then be returned to any of the trustees

**Mrs Jill Casson**  
12 Hastings Close  
470334

**Rachel Mahoney**  
6 Matthews Close  
471271

**Mr Keith Read**  
Thornly Barn, Saxlingham Lane  
470229

**Mr Roger Burnett**  
22 Orchard Way  
471031



# Community Biodiversity Awards 2025



**4<sup>th</sup> October 2025**

**The Forum, Norwich**

**Nominate your Biodiversity Heroes!**

Between 1<sup>st</sup> July and 1<sup>st</sup> September you can nominate groups and individuals for one of the 6 categories:

- **Young People's Achievement**
- **Saving Species**
- **Spaces for Nature and Wellbeing**
- **Richard Waddingham Ponds Award**
- **Groups**
- **Rivers and Wetlands (not ponds)**



**Community groups and volunteers can apply for a free stand at the Biodiversity Fair which will precede the Awards ceremony.**

**More information about nominations and stands at [www.norfolkbiodiversity.org](http://www.norfolkbiodiversity.org)**

**The Awards and Fair are kindly sponsored by**



**ENGLAND**



**Norfolk Rivers Trust**



**Mark Your Calendar**

	<b>Tasburgh Carers' Group</b>	
	Social Club	
Thursday 18th Sept	Tasburgh Village Hall	10.30am- 12.00pm
16th Oct		
	<b>Tasburgh Tea Rm</b>	
27th Sept	The Church Room	All sessions 2-4pm
25th Oct, 22nd Nov	St Mary's Church	
13th September	TAS Allotment Society	
	<b>Flower &amp; Produce Show</b>	
	Produce show details can be found on	Pages 32 and 33
14th September	<b>Village Hall Summer Fete</b>	Details on page 11
8th & 9th November	<b>Art Exhibition</b>	Details to follow soon



## Healthy Planet - Healthy Communities

### TASBURGH BECOMES A MINDFUL VILLAGE

In June, Tasburgh officially became a **‘Mindful Village’** after several residents completed Mental Health Awareness training provided by South Norfolk and Broadland District Council.

In future editions of the Quarterly, we’ll explore different aspects of mental health—how you can support your own wellbeing and where to turn if you need additional help. This article introduces the idea of a Mindful Village and what it could mean for you as a Tasburgh resident.

A Mindful Village is a community that looks out for one another, especially when it comes to mental health. In practical terms, if you're living in Tasburgh and experiencing difficulties with your mental wellbeing, you can reach out for help and guidance from trained members of the community.



Eight local residents have trained as ‘Mindful Wellbeing Champions’—some of whom are pictured above. If you’re not comfortable speaking to someone you know, you can also contact the Community Connector at the Long Stratton doctors' surgery. Just make an appointment to talk—about anything, not just mental health concerns. The Community Connector can then guide you to the right support for your specific needs.

If you'd like to speak with a Mental Health Champion, come and say hello at the village fete this year— we’d love to meet you.

*Jackie Trenavin*



# **Tasburgh History Society**

## **SIR CHARLES HARVEY**

Sir Charles Harvey came to live at Rainthorpe Hall following his purchase of the estate in 1878 but he already had family connections to the area. His grandfather, General Sir Robert John Harvey, who had served with distinction as the Duke Of Wellington's ADC in the Peninsula War against Napoleon's army and been knighted for his services, had inherited an estate at Tharston which is why so many of the farms and other properties are named after battles in that campaign. Sir Charles however had not been knighted but had inherited his title as the 2<sup>nd</sup> Baronet of Crown Point on the death of his father, the 1<sup>st</sup> Baronet, in 1870.

The family had been prominent citizens of Norwich, firstly as textile merchants in the 1700s and then as joint owners of the Harvey and Hudson Bank which opened in 1801, and it was for services to banking that his father had been awarded a baronetcy, taking its name from the Crown Point estate at Whitlingham which he had purchased. Unfortunately his father lost a lot of the bank's money, speculating on the stock exchange, and committed suicide. The Crown Point estate, including Whitlingham Hall, had to be sold to clear his debts, and was bought by the Colman family, but there were sufficient funds remaining from that and his grandfather's will trust to enable Sir Charles to live a comfortable life as a country landowner. He was also a director of Gurney's Bank which had bought out his family's failed banking operation, and was later to become part of Barclays Bank.

With these resources he not only bought, but greatly expanded the Rainthorpe estate by the acquisition of farms and other properties in Tasburgh and adjoining villages, but also paid for restorations and improvements to the parish church and supported the school. Although he had sold off outlying farms before he died in 1928, when the remainder of the estate was auctioned the following year it still included virtually all of the land and properties on either side of Saxlingham Lane and Low Road as far as and including the mill, up to and including the hill fort and across to Old Hall Farm and the main road. A memorial to him and his wife can be found on the back wall of the church of which he was also a church warden.

Sir Charles' younger son, Oliver Charles Harvey GCMG, GCVO, CB, joined the Diplomatic Service, and later served as the British Ambassador to France from 1948 to 1954. On leaving office he was granted a life peerage as Baron Harvey of Tasburgh and when he died in 1975 he was buried at Tasburgh church, which his father had done so much to preserve.

***Ben Goodfellow***



# Tasburgh Allotment Society

## News from down on the Allotments

August has just got going as I write, and it feels like the growing year is now over its greenness hump. Even with the drought and brown of June being replaced by the damp and green of July, its still a time of the garden starting to look old and bedraggled as produce is harvested.

Talking of Produce don't forget that the calendar event of the year will soon be on us. The Village Flower Vegetable and Produce show has had a bit of a re brand this year with more classes, more awards and hopefully you'll feel a more professional look about it.

**Running times on Saturday 13<sup>th</sup> September are; 09:30-10:30am  
Registration of entries (no pre booking needed), 11:00-12:00pm  
Judging, Awards Ceremony 12-15-12:30pm  
Viewing 12:30-13:00pm  
REFRESHMENTS WILL ALSO BE AVAILABLE.**

So how about the 13<sup>th</sup> September? Do you feel there is something in the classes list here that you'd like to show off? We hope so. It's a great fun event now in its 13<sup>th</sup> year.

**REMEMBER – THIS IS A FUN EVENT OPEN TO EVERYONE**  
**SECTION B:**

### **SECTION A:**

#### **HOME MADE PRODUCE**

- A1 Three Sausage Rolls
- A2 Six Eggs
- A3 Three Egg Victoria Sponge
- A4 Jar of Jam or Marmalade
- A5 Jar of Fruit Curd
- A6 Jar of Pickle or Chutney
- A7 Homemade Honey
- A8 Loaf of Bread Any Type
- A9 Lemon Drizzle Cake
- A10 Homemade Cordial
- A11 Three Sweet Scones
- A12 Three Savoury Scones
- A13 Three Norfolk Shortcakes
- A14 Three Cup Cakes
- A15 Homemade Beer, Cider or Wine

#### **ROOT VEG**

- B1 Three Potatoes
- B2 Three Carrots
- B3 Three Parsnips
- B4 Three Onions from Sets
- B5 Three Onions from Seed
- B6 Three Shallots
- B7 One Garlic Bulb
- B8 Three Beetroot
- B9 Three Leeks





# Tasburgh Allotment Society

## SECTION C:

### OTHER VEG

- C1 Ten French Beans
- C2 Six Runner Beans
- C3 Two Cobs Sweetcorn
- C4 Two Courgettes
- C5 One Marrow
- C6 One Cabbage
- C7 One Cauliflower
- C8 Six Cherry Tomatoes
- C9 Six Other Tomatoes'
- C10 One Squash
- C11 Three Chillis
- C12 Three Different Veg
- C13 Any Other Veg

## SECTION E:

### FLOWERS

- E1 Three Dahlias Dinner Plate Large
- E2 Three Dahlias Poms
- E3 Three Dahlias Cactus
- E4 Three Dahlias Spray
- E5 One Sunflower
- E6 Six Sweet Peas
- E7 One Spike Gladioli
- E8 One Rose
- E9 One Potted Succulent
- E10 Flower Arrangement  
Homegrown Only
- E11 Flower Arrangement Including  
Bought

But its not just the glamour and glitz of show season. Down on the site, the grunt job I believe that's top value this time of the year is getting that Fat Hen pulled up and removed before it multiplies itself 200 times with its seed dispersed for next year. And if bored of Fat Hen there is plenty of others out there. Also lots of great produce yielding nicely across all sites. It may have been dry in June but in turn this did allow the sun to do its job impressively.

**See you Saturday 13<sup>th</sup> September?**

*Simon Orford – Secretary to TAS [simon.orford@jic.ac.uk](mailto:simon.orford@jic.ac.uk)*

## SECTION D:

### NOVELTY VEG

- D1 Longest Runner Bean
- D2 Longest Carrot
- D3 Heaviest Onion
- D4 Heaviest Marrow
- D5 Heaviest Potato
- D6 Largest Pumpkin (circumference)
- D7 Humorous Veg

## SECTION F:

### FRUIT AND HERBS

- F1 Three Apples
- F2 Three Pears
- F3 Dish of Twelve Soft Fruit
- F4 Bunch of Herbs

## SECTION G:

### HOMEMADE ART AND CRAFT

- G1 Gardening Art Any
- G2 Gardening Photography
- G3 Knitting and Crocheting
- G4 Embroidery

**Certificates of achievement to be won  
in all classes**

**Most Class Wins and Best in Show  
awards**

**Section Winners and U16 Winners  
certificates**

**We thank the Village Hall and Social  
Club for their support for the Show**



# Norfolk Archeological Trust



## VOLUNTEER SOCIAL MEDIA OFFICER

**Do you love storytelling and social media? Help us raise awareness of Norfolk's incredible historic sites by bringing them to life online.**

### **WHAT ARE WE LOOKING FOR?**

- Someone creative, motivated, and confident in using social media platforms.
- A good communicator with a flair for storytelling and engaging content.
- Experience with social media tools (personally or professionally).
- An interest in archaeology, history, or heritage is a big plus.
- Someone who is reliable and can manage their own time well.
- Photography, video, or design skills would be a welcome bonus.

This role is remote and flexible, but you're welcome to visit our sites for content if you're local. Our sites are often remote and not easily accessible by public transport, so the ability to drive and have access to a car is useful but not essential.

You'll be helping us raise the profile of the Norfolk Archaeological Trust by creating and sharing content across platforms like Facebook, Instagram, Twitter/X, and TikTok. This might include behind-the-scenes peeks at our sites, event promotions, historical facts, volunteer stories, and more. We want someone who can bring energy and creativity to the role – if you've got ideas, we'd love to hear them!

### **WHAT'S IN IT FOR YOU?**

- Hands-on experience in digital communications and marketing.
- Portfolio content and a reference for your CV.
- An opportunity to make a real difference for a small, local heritage charity.
- A chance to explore Norfolk's history and contribute to its future.
- Join a friendly, passionate team – and yes, there's usually cake somewhere along the way.

We're looking to grow our audience, promote our work, and help more people discover Norfolk's hidden history. If you're creative, reliable, and ready to help us tell our story, get in touch – we'd love to hear from you!

***Fran Young [visitorexperience@norfarchtrust.org.uk](mailto:visitorexperience@norfarchtrust.org.uk)***



## THAT WEEKEND IN JULY

Why is it flashing orange when it  
should be flashing blue?  
I've not seen it do this before, don't  
know what it means, do you?  
I'll have a Google on my phone, no  
need to panic yet...  
All right - you can panic now, 'cos we  
have no internet!!

It soon becomes apparent that this is  
quite widespread, No iplayer or  
Youtube, its everyone's worst dread.  
'They'll get it fixed quite quickly, it  
won't be down for long',  
But its still orange in the morning,  
that's when I know that I am wrong.

If they get it back some time today,  
all will be just fine,  
You don't realise just how many  
things you have to do online.  
Shopping, videos and music are all  
things that we miss,  
What are we supposed to do  
instead? I was not expecting this.

So, the road is closed, we can't go  
out and broadband's down as well,  
It's going to be a long, long day, this  
must be what it's like in hell.  
But maybe we could read a book or  
go out for a walk,  
meet up with someone face to face,  
instead of e-mails we could talk.

Go back to the good old days for just  
a day or two,  
Put our phones and tablets down  
until the orange turns to blue.  
Do things that we don't normally do,  
there's no need to be bored,  
Forget what's become normal, until  
normality's restored.



**Rob Buttle**

## NEXT EDITION

The winter edition of the Quarterly  
and Church News will be  
distributed by the end of  
**November 2025**

Contributions from local  
organisations are always welcomed  
and can be emailed to the Parish  
Clerk for inclusion. We would be  
particularly pleased to receive  
suggestions for regular articles.  
All articles to the Parish Clerk,  
tasburghpc@btinternet.com  
by

**31st October 2025**

## TASBURGH UNITED FOOTBALL CLUB

We train at Long Stratton Leisure  
Centre's 3G pitch during the season  
and some of our teams train into the  
summer at some of our match  
venues too.

To find out more, you can message  
us via Facebook  
[www.Tasburghunited.com](http://www.Tasburghunited.com)  
We're on Facebook  
[www.Tasburghunited.com](http://www.Tasburghunited.com)

## UK POWER NETWORK

Would you, or someone you know  
require extra help in the event of a  
power cut?

Sign up to our Priority Services  
Register and we'll make sure you get  
extra support during a power cut  
[https://www.ukpowernetworks.co.  
uk/.../priority-services...](https://www.ukpowernetworks.co.uk/.../priority-services...)



# Tasburgh Treats

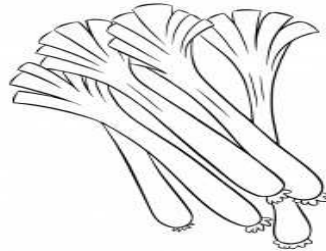
## LEEK, BACON AND BUTTERBEAN RISOTTO

Leeks begin to come into season in the early autumn and become the star of this dish when well caramelised. The butterbeans are a superfood and make the risotto especially creamy. This makes a well-rounded veggie dish without the addition of the bacon in favour of well browned and salted mushrooms.

### INGREDIENTS:

**Serves: 4**

can of butterbeans  
around 200g streaky bacon chopped into small pieces  
1 large leek  
1 clove garlic  
small brown onion, finely chopped  
50g butter  
50g parmesan  
500ml vegetable stock  
300g risotto rice  
few sprigs of rosemary



Once the ingredients are prepared, begin by cooking the onion and garlic in a large pan on medium heat until soft and beginning to brown. Add the bacon and cook for a further few minutes. Add the risotto rice to the pan with the butter and parmesan, allow the butter to melt while stirring well. Add the stock (veg stock cubes and powder are available in most supermarkets and can give a depth of flavour to more plant-based dishes) and rosemary, stir again and cover.

Meanwhile, slice the leek into rounds and place in a smaller separate pan with plenty of oil on a high heat, cook for around 15 minutes with plenty of salt and pepper until reaching a rich brown colour on both sides. Every few minutes, uncover the risotto and stir, adding a little more butter and parmesan as you go. When the leek is ready, drain the beans and add to the main pan with the leek, cook for another few minutes to allow the beans to heat through and the flavours to combine.

*Remy*

**If you would be interested in helping to distribute the  
Tasburgh Quarterly & Church News  
please contact [tasburghpc@btinternet.com](mailto:tasburghpc@btinternet.com)  
for more information**



## Tharston & District WI

The theme of this year's annual Centenary Salver Competition held at Honingham Village Hall was a historic Norfolk person born pre 1900. Our WI was represented by Caroline, Cynthia and Gill who chose Anne Boleyn, who was born at Blickling Hall, and five various crafts from a choice of nine classes were undertaken to interpret the theme with staging completed by Carol and Gill. At our May meeting they were congratulated on being joint first with City WI.



A very humorous evening was held in May when members were treated to the return of Greg Powles, a freelance writer and performer. He gave a whimsical look at his career up to the present day, with all the many mishaps along the way, from being cast in a major film starring Stephanie Beacham, Mel Smith, Jane Horrocks and Richard O'Brien at the age of 15, to writing plays for schools, working on North Norfolk Radio and creating a new play based on the effects on the Far East Prisoners of War (FEPOWs) when they returned home after release and how family life was impacted by their experiences in subsequent years, to be performed at Norwich Castle to commemorate VJ Day in August.

At our June meeting Susan Parry gave a talk on the five women who are widely believed to have been murdered in 1888 by Jack the Ripper in Whitechapel, London illustrated by photos of the victims and their place of death. She began with the first victim Mary Ann Nichols giving a detailed history of her life followed by Annie Chapman, Elizabeth Stride, Catherine Eddowes and Mary Jane Kelly.

At the National Annual Meeting in June a resolution 'Bystanders Can Be Life Savers' was passed to increase public confidence and training in the delivery of CPR, and to work with local organisations to help to improve access to defibrillators in their communities to give every person the best chance of surviving a cardiac arrest. As a consequence members were invited to a demonstration by David and Julia representing East Anglian Air Ambulance and were able to practise CPR and using defibrillators on the mannikins they had brought with them.

Maria Pennington, who had been in the jewellery trade for 44 years, having worked in London as a window dresser, jewellery designer and formerly at Winsor Bishop in Norwich joined us at our July meeting. She illustrated with photographs different types of jewellery and how the fashions of the day had influenced styles of jewellery. After her talk members were invited to view a table display of jewellery.

In August we will be visiting Bury St. Edmunds on our annual outing but you are welcome to join us on the second Thursday of the month at Wacton Village Hall at 7.30pm when our speaker for September will talk about being a teacher in local prisons.

***Dawn Hames***



# Tasburgh Carers Group



We meet to support carers and those they care for. Carers can come along by themselves or attend with those they care for.

Our monthly Thursday sessions offer a warm welcome, a cuppa and biscuit and an opportunity to chat, make new friends and experience peer support.

New members are always welcome, please pass our information on to any friends, neighbours or relatives from Tasburgh or surrounding villages who may be interested in connecting with us.

We meet on the 3<sup>rd</sup> Thursday of the month from 10.30 – 12.00  
in the small hall (fully accessible)

## Future dates:

**18th September, 16th October 2025**

**Carers Matter Norfolk** have a service that offers information and support for all carers in Norfolk and their help can be accessed online or by helpline, our group is advertised on their website.

<https://carersmatternorfolk.org.uk/>

0800 083 1148

For further information you can contact the secretary of the group (Rachel Mahoney)

Tel 01508 471271 email [rachel.mahoney71@gmail.com](mailto:rachel.mahoney71@gmail.com)

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Opening Times:  
Tuesday 10.00am - 12.00pm  
**'USE IT OR RISK LOSING IT'**



<b>Burrfield Park</b>
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Things have grown well again in Burrfeld Park this year. The apples are coming along nicely and will soon be ready for picking and making pies.

We had a meeting with a representative from the Norfolk Wildlife Trust who thought the site was doing well and suggested perhaps we could put up a few more bird boxes.



The ox eyed daisies, knapweed, geraniums, lady's bedstraw and some of the other wild flowers have done really well this year. We are thinking of adding a few more variety's in the future.

The water in the pond is the lowest it has ever been. But the water lilies have survived.

The Rowan trees have also had a really good crop of berries for the birds to eat.

We hope people will continue to enjoy visiting the site.

***Carole Hill, Burrfield Park Advisory Group***





## Hethersett & Tas Valley Cricket Club

As I write, the club is entering the final quarter of the season and three of our five Saturday teams remain in contention for promotion, with the first XI hoping to return to the Norfolk Alliance Premier Division at the first attempt, with the policy of developing our own talent paying dividends. The average age of our first XI this season has been 23 years old, which in cricketing terms is very young indeed. All 20 of our teams have had a successful season to date and our junior teams comprising local talent are having an amazing season in terms of success, with this filtering into our senior sides.

Preparations are well underway for our third annual beer festival and are hoping for third time lucky with the weather. This year, our flagship event will be in hosting North Stars CC from Barbados over the bank holiday weekend, which we hope will be two games alongside beer, rum punch, music and food. North Stars will be bringing 76 tourists, so we expect this to be our biggest day of the season. All of our beers are sourced from local breweries, including 4 from our friends and partners at Ampersand Brewco, 3 from Woodfordes, 2 from Bull of the Woods, 2 from All Day Brewery and one from Duration Brewery.

### **Beer Festival Schedule;**

- 21<sup>st</sup> August - HTVCC Gents vs Saxlingham Gents. Food by Gringo's Nacho Factory
- 22<sup>nd</sup> August - HTVCC vs Norfolk Police. Food by Surfin' Sombreros. Music from Graham McGrotty
- 23<sup>rd</sup> August - HTVCC 2<sup>nd</sup> XI vs Sprowston. Food by Durban Grill. Music by Ross Stewart
- 24<sup>th</sup> August - HTVCC vs North Stars CC (Barbados). Food by Wok Truck. Music by DJ Hogie
- 25<sup>th</sup> August - Norfolk U19s T20 Finals Day

### **Other dates for your diary;**

- 31<sup>st</sup> August - Norfolk Over 40s Finals Day
- 6<sup>th</sup> September – Junior Presentation Day
- 14<sup>th</sup> September- Presidents Day

***Matt Bird, Club Chair,  
htvcommitteee@gmail.com***



## Classifieds



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**If you are a local business who does not advertise in the Quarterly, then why not consider doing so. The Quarterly is published every quarter and is delivered free of charge to residents in Tasburgh**

### **COST OF ADVERTISING**

If you wish to advertise in the Quarterly please contact  
[tasburghpc@btinternet.com](mailto:tasburghpc@btinternet.com).  
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**Greyscale:** full page £54.40, half page £38.40, quarter page £20.00

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**Opening Times:**

Tuesday 7pm – 11pm

Friday 6.30pm – 11pm

Saturday 2pm – 6pm\*\*

Sunday 2pm – 6pm

**Upcoming Events – Mark Your Calendars!**

  **Friday Night Quizzes!**  

**Friday 5<sup>th</sup> September – 7.30pm**

**Friday 10<sup>th</sup> October – 7.30pm**

**Friday 7<sup>th</sup> November – 7.30pm**

**Friday 5<sup>th</sup> December – 7.30pm**

Teams of Six, £1 entry per person.

*Please call James on 07786 010732 to enter your team!*

 **Children's Halloween Party** 

**Sunday 26<sup>th</sup> October, 3–6pm**

Little ghouls and goblins can enjoy games, music and Halloween treats in a safe, friendly setting.

 **Halloween Party (Adults)** 

**Friday 31<sup>st</sup> October, from 6:30pm**

A spooky, spirited night for the grown-ups! Fancy dress encouraged, of course...

 **Walkway Live in Concert** 

**Saturday 13<sup>th</sup> December, bar opens 7pm**

The legendary rock band returns for a night of electric energy!

*Ticket price TBC—keep an eye out*

 **Kids' New Year's Eve Party with James D** 

**Wednesday 31<sup>st</sup> December, 2-4pm**

Let the little ones ring in the new year early with music, dancing, and fun with the fantastic James D.

 **Adults' New Year's Eve Party** 

**Wednesday 31<sup>st</sup> December, from 7pm**

Say goodbye to 2025 in style with live party band Energy and a night to remember.

*Tickets available soon!*